



Sabin Metal Scottsville

Joanne's
Biggest
Challenge



Joanne's Challenge has been completed with great success. The response was a wonderful 27 participants (7 teams) all with a personal or common goal to lose weight or get fit. Congratulations are in order to all the teams. I can proudly report a total challenge weight loss of 627.2 pounds. That can be compared to (23) HPO gold bars.

There are a few special mentions:

Individual Placements

First Place: T.J. Monteleone (right) with a loss of 70.3 lbs.

Second Place: Earl Wood (center) with a loss of 52.7 lbs.

Third Place: Jim Barrett (left) with a loss of 56.6 lbs.



Team Placements

First Place Team:

(Left to right) Jim Barrett, Scott Yarnes, T.J. Monteleone, Dana Cotton & Marty Spoor - Lost: 242.5 lbs.



Second Place Team:

(Aaron Gibson & Jim Mckeown) Lost: 76.5 Lbs.

Third Place Team:

(Earl Wood, George Heath, Doug Hesse & Samantha Hesse) Lost 100.8 Lbs.

(Winners were determined by percentage of weight lost).

I am glad to say, I am not alone in feeling this competition lent a hand in building some new relationships. Thank you everyone for your outstanding support shown throughout the long 12 week program.

What's next? Watch for [Joanne's Maintenance Program](#). I am looking forward to the next step.

Remember...Eat Well...Exercise...Be Well!

Joanne Yarnes



Nuggets from the *High Plains* June 2011

– Mark Kelly / SMC West

The word from Williston for the spring of 2011 is Water - WAY too much water.

A wet spring, record winter snowfall, and ongoing all-time high releases from Fort Peck Dam in Montana have all contributed to an historic Missouri River stage now approaching 30 feet. Major flood stage is 26 feet, and the old record flood stage was 28 feet, set in 1912.

Gene Gafkjen (*Environmental Health and Safety Manager*) has estimated (using *Google Earth*) that our plant is situated about 9 feet below the top of the levee, which is ½ mile away. So far the levees are doing their job, but it continues to rain, and melt-water from a record snowpack from the Rockies in Montana and Wyoming (200-500 % of average, in some places) has yet to reach us.

The Army Corp of Engineer levees have long been a favorite hiking place for birdwatcher's like me. But they may be off limits all summer because officials say the current record water levels could remain steady for 2 to 3 months.

It is literally a '100-year flood', and as farmland, railroads, and oil wells are inundated by these 'uncharted waters', we are all just watching the river flow.



This Issues 25 Year Club

Mike Bennett (Security) is added to the large list of employees who have been at Sabin Metal Corp. for 25 years. On 3/17/11, Mike (below right) celebrated his 25TH anniversary. **Jim Barrett (GM)** (below left) presents Mike with his tie tack.



Employees News

Terri & **Dennis Alwardt** (Security) are proud grandparents for the fifth time. Hunter Michael Alwardt (below) was born on 5/25/11 to parents Molly & Keith Alwardt of Virginia Beach, Va. Keith is currently on deployment for the Navy, so Hunter is working on mommy time until dad gets back. He was 22.5 inches long, and weighed 9 lbs. 3 oz. (134.0 Troy oz.) All are doing fine.



On a different note, **Sumner "Tex" Tears** passed away on 4/4/11. Tex was with Sabin Scottsville plant for 21 years until retiring in 1997. He was also a U.S. Coast Guard Veteran & a life-long member of the Scottsville Fire Dept. I personally remember his fake grumpy persona which would quickly melt away into a smile and a slap on the back. He will not be forgotten.



Submit news for any section of the Nugget to Marty Spoor in the Furnace Area (ext. 267)

Submissions for the December issue are due by Friday, December 16, 2011

Everett Sayers also passed away on 4/9/11 at the age of 88. Everett was a supervisor for the Yard Crew until his retirement in 1988. He had been with Sabin Scottsville from 1977-1988, however he had been a staple at this facility on and off for 50 years. Everett had worked for different companies on this site as a young man in school. Then after returning from service during World War II, he returned for time with both previous companies. He had a working knowledge of the facility that proved very helpful over the years. At the time of his retirement Everett commented that he was older than most of the buildings that were here. He will be greatly missed.



On 4/22/11 **Brice J. Sanford "B.J."** (Security-retired) passed away. Brice was a WW II Navy veteran, followed by 5 years in the Merchant Marines. He retired as a NYS Trooper, and worked as a security guard for Sterling Homex, Genesee Hospital and finally Sabin Metal from 1980-1988. Brice was also a small plane pilot.

In the last issue I forgot to pay tribute to **Robert J. Macaulay "Sully"** (Bricker). Bob passed suddenly on 9/13/10 at home. He was a 25 year employee at Sabin Scottsville. Bob was also in the USAF serving during Vietnam War. He always had a smile on his face & a joke on his tongue. Bob's easy going and warm personality made him a friend to all who took their time to know him. We miss the morning salutations and laughter, but at least we have the memories. Good bye friend & Godspeed.



Also on 6/10/10 a long time supplier and friend to many at Sabin Metal passed away. **James "Max" Lill** (Industrial Furnace Co.) The following passage was supplied by **Mike Nichols** about Max and his dedication.

"Let's see, I started here at Sabin almost 33 years ago, he was already a fixture here in the refractory end of the business.

Max was a Vietnam Veteran and very proud of his service and his fellow vets. Max, like most vets, never spoke of his experience there. Whenever the topic came up, you could read it in his face though. He was instrumental in procuring the land and the funds to build the Rochester Vietnam Memorial. Max was there from beginning to completion, and remained on the advisory board for several years later.

Body building was also of great interest to Max. He entered many contest and tournaments throughout the years and even won Mr. Rochester. Max also volunteered at schools to mentor

students in weight lifting. He always had his hand on the pulse of his community, and did what he could to benefit all.

In the late 70's or early 80's Max asked the Refractory foreman, **Sal Miano**, what was a good time to meet with him on a weekly basis. Sal replied that he was always here @ 7:00 am on Sundays and laughed. Thus started the Sunday morning meetings & doughnut delivery. As a result there were few pounds gained by some people. Max continued this practice until his death. There were times that I would call and tell him I didn't have time to meet with on a particular Sunday. Well somehow the doughnuts made it 35 miles to the jobsite. every Sunday without fail.

In the late 80's we had a project with Max's people installing material for us around the clock. I ran into an unforeseen problem and called Max. He and a friend had gone to a body building tournament in another state. I called Max at his hotel room, and related the problem. Nines hours later Max was on the job site, suit, tie and all, until we worked through the problem. His comment was "I can compete anytime, but I have a problem here today." Max never competed again.

Well Max Lill and credibility are spelled differently, but you'll find Max's picture beside **Bill McAlpine's** in that category. Max was always there. Sorely missed, greatly appreciated, and never forgotten!

Nuff said,
Mike



Thank You

Again, I would like to thank everyone who helped with this edition of the Nugget. If anyone would like to share Sabin related news, from any of our locations, please contact me, Marty Spoor at the Scottsville Plant {585} 538-2194 ext.267 or martys@sabinmetal.com

**HAVE A
HAPPY & SAFE
4TH OF JULY!**

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